

# Belegungsplan Dojo



Stand: 08.09.2023

| Uhrzeit       | Montag                    | Dienstag | Mittwoch | Donnerstag                | Freitag |
|---------------|---------------------------|----------|----------|---------------------------|---------|
| 16:00 - 16:30 |                           |          |          |                           |         |
| 16:30 - 17:00 |                           |          |          |                           |         |
| 17:00 - 17:30 | Anfänger 1 / U11          |          |          | Anfänger 2 / U11          |         |
| 17:30 - 18:00 |                           |          |          |                           |         |
| 18:00 - 18:30 | Technik U13 / U15         |          |          | Kampf U13 / U15           |         |
| 18:30 - 19:00 |                           |          |          |                           |         |
| 19:00 - 19:30 |                           |          |          |                           |         |
| 19:30 - 20:00 | U15 / U18 /<br>Erwachsene |          |          | U15 / U18 /<br>Erwachsene |         |
| 20:00 - 20:30 |                           |          |          |                           |         |
| 20:30 - 21:00 |                           |          |          |                           |         |
| 21:00 - 21:30 |                           |          |          |                           |         |
| 21:30 - 22:00 |                           |          |          |                           |         |