

Belegungsplan TSGV Halle



Stand: 01.03.2024

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
8:00 - 8:30							
8:30 - 9:00							
9:00 - 09:30	Mami in Bewegung Dagmar Schmädeke 9:00 - 11:00	Fitness am Morgen Fr. Dannenmann 8:45 - 10:15			Fit#am Morgen Susanne Kühn 9:15 - 10:30		
09:30 - 10:00							
10:00 - 10:30							
10:30 - 11:00							Sportakrobatik Tanja de Sousa Freitas 10:30 - 13:00 nur bei Bedarf
11:00 - 11:30							
11:30 - 12:00							
12:00 - 12:30							
12:30 - 13:00							
13:00 - 13:30							
13:30 - 14:00							

14:00 - 14:30		SPORTI Kids "Midis"			ZUMBA® Junior Verena Kufner 14:00 - 14:45			
14:30 - 15:00		14:00 - 14:50 "Midi Stars"						
15:00 - 15:30		14:50 - 15:40 Dagmar Schmädeke	ELKI 2 15:00 - 16:00	SPORTI Kids "Minis 1" 14:30 - 15:15 "Minis 2" 15:20 - 16:05 "Maxis" 16:10 - 16:55 "Maxi Stars" 17:00 - 17:45 "Maxi Allstars" 17:45 - 18:30 Dagmar Schmädeke	ZUMBA® Kids Verena Kufner 15:00 - 16:00			
15:30 - 16:00								
16:00 - 16:30		ELKI 1 16:00 - 17:00						
16:30 - 17:00	Cheerleader "Pee Wees" Caro u. Mimi 16:30 - 18:00 Cheerleader "Senioren" Melli u. Katrin 18:30 - 20:00							
17:00 - 17:30								
17:30 - 18:00						Hobby-Freizeit- Sport Junior Kids 17:15 - 18:45 Jorge		
18:00 - 18:30								
18:30 - 19:00				ZUMBA® Cris Moreau 18:15 - 19:15	Cheerleader "Jugend" Corinne 18:30 - 20:30 "Senioren" Melli u. Katrin 18:30 - 20:30			
19:00 - 19:30			ZUMBA® Cris Moreau 18:50 - 19:50				Hobby-Freizeit- Sport 19:00 - 20:30 Martin Sack	
19:30 - 20:00			Fit#Rücken Susanne Kühn 19:30 - 20:30					
20:00 - 20:30	Fit#ins Alter Theresia Teichert 20:00 - 21:00	Fit#Mix Susanne Kühn 20:00 - 21:30						
20:30 - 21:00				Hobby-Freizeit- Sport 20:30 - 22:30				
21:00 - 21:30								
21:30 - 22:00								