

# Belegungsplan TSGV Halle



Stand: 20.01.2023

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
8:00 - 8:30				KS ab KW 45			
8:30 - 9:00							
9:00 - 09:30	Mami in Bewegung Dagmar Schmädeke 9:00 - 11:00	Fitness am Morgen Fr. Dannenmann 8:45 - 10:15			Fit#am Morgen Susanne Kühn 9:15 - 10:30		
09:30 - 10:00							
10:00 - 10:30							
10:30 - 11:00							Sportakrobatik Tanja de Sousa Freitas 10:30 - 13:00 nur bei Bedarf
11:00 - 11:30							
11:30 - 12:00	JvL ab KW45			KS ab KW 45			
12:00 - 12:30							
12:30 - 13:00							
13:00 - 13:30							
13:30 - 14:00							
14:00 - 14:30	KS ab KW 45	SPORTI Kids "Midis" 14:00 - 14:50 "Midi Stars" 14:50 - 15:40 Dagmar Schmädeke		SPORTI Kids "Minis 1" 14:30 - 15.20 "Minis 2" 15:20 - 16:10 "Maxis" 16:10 - 17:00 "Maxi Stars" 17: 00 - 17:50 Dagmar Schmädeke	ZUMBA® Junior Verena Kürfner 14:00 - 14:45		
14:30 - 15:00					ZUMBA® Kids Verena Kürfner 15:00 - 16:00		
15:00 - 15:30							
15:30 - 16:00							
16:00 - 16:30		ELKI 16:00 - 17:00					
16:30 - 17:00	Cheerleader "Pee Wees" Caro u. Mimi 16:30 - 18:00 "Jugend" Corinne 17:30 - 19:00 "Senioren" Melli u. Katrin 18:00 - 20:00						
17:00 - 17:30					Hobby-Freizeit- Sport Junior Kids 17:15 - 18:45 Jorge		
17:30 - 18:00							
18:00 - 18:30							
18:30 - 19:00			ZUMBA® Cris Moreau 18:15 - 19:15	Cheerleader "Jugend" Corinne 18:00 - 19:30 "Senioren" Melli u. Katrin 18:30 - 20:30			
19:00 - 19:30		ZUMBA® Cris Moreau 18:50 - 19:50			Hobby-Freizeit- Sport 19:00 - 20:30 Martin Sack		
19:30 - 20:00			Fit#Rücken Susanne Kühn 19:30 - 20:30				
20:00 - 20:30	Fit#ins Alter Theresia Teichert 20:00 - 21:00	Fit#Mix Susanne Kühn 20:00 - 21:30					
20:30 - 21:00							
21:00 - 21:30							
21:30 - 22:00							